



Goose Creek CISD Wellness Policy- Triennial Assessment Report 4/15/2024

Background Information: An assessment of our school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. Goose Creek Consolidated Independent School District School Health Advisory Council (SHAC) Wellness Committee meets annually to review the local school wellness policy (LSWP) and address updates. The most current Wellness Policy can be found in the Board Policy Manual here: [FFA](#).

Purpose: The annual assessment varies each year based on the needs of our school system. The SHAC - Wellness Committee held a meeting on April 8, 2024 to review the local wellness policy. Various stakeholders had the opportunity to participate in the process. The WellSAT 3.0 and WellSAT-I were completed in order to comply with the triennial assessment and to determine the strength of our wellness policy. The committee reviewed implementation of the wellness policy at all campuses in the district by utilizing the Alliance for Healthier Generation's Healthy School Assessment. The Healthy School Assessment is the Alliance for Healthier Generation's abbreviated version of the School Health Index. 30/31 GCCISD campuses responded to the required assessment which contained 52 questions regarding 6 topic areas: Policy & Environment; Nutrition Services; Smart Snacks; Health & Physical Education; Physical Activity; and Employee Wellness. The wellness policy goals are measured by objectives and actions presented in the wellness plan developed by the SHAC. The SHAC compiled data from the Healthy School Assessment to identify percentages of how each goal defined in the local school wellness plan was met. A copy of the Healthy School Assessment can be found here:

📄 [Healthier Generation Resource. Healthy School Assessment.pdf](#) A review of the 2024 wellness plan goals and objectives data can be found here: 📄 [2024 GCCISD Wellness Plan Annual Review.pdf](#)

Results: A blank copy of the WellSat 3.0 District Scorecard can be found below. The school wellness policies were evaluated based on the degree to which they addressed 67 policy items. The items are categorized into the following six areas of the wellness policy: Nutrition Education, Standards of USDA Child Nutrition Programs and School Meals, Nutrition Standards for Competitive and Other Foods and Beverages, Physical Education and Physical Activity, and Wellness Promotion and Marketing, and Implementation, Evaluation and Communication. The Goose Creek Consolidated Independent School Districts WellSat 3.0 revealed an overall strength score of 55 and a comprehensive score of 71. The scores are based on a scale of 0-100, with lower scores indicating less content and weaker language, and higher scores indicating more content and use of specific and directive language. The WellSat 3.0 revealed that our LSWP compares average to model policies. Review the WellSAT 3.0 district scorecard below or click the following link: [GCCISD 2024 WellSAT 3.0](#). Review the combined WellSAT 3.0 and WellSAT-1 results here: [GCCISD WellSAT Combined](#). Our wellness committee will continue to measure current objectives and consider opportunities for growth in the Fall of 2024 and determine if we have the resources and support to take on goals for the 2024-2025 school year.



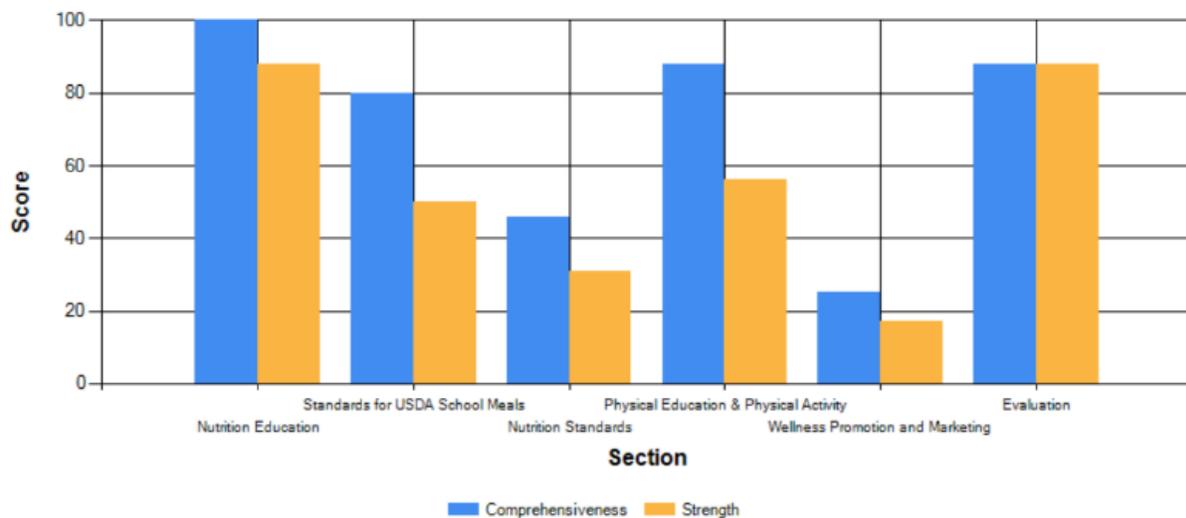
Your District's Scorecard

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: 2024 GCCISD Triennial Review



The 2023-2024 Healthy School Assessment data revealed that 80% of our schools have an active school health committee. The schools reported 82% are meeting the basic requirements of the district wellness policy. The Healthy School Assessment scores seem to indicate that practices implemented in the district are stronger than the language written in district policy. The [SHAC Facilitator](#) is the District official responsible for overall implementation of FFA (Local) and administrative procedures, and ensuring that each campus complies with the policy. The District will periodically measure an assessment of the implementation of the District's wellness policy and the extent to which each campus is compliant with the wellness policy. Learn more here:

[HSA.24.Results](#)





USDA's Local Wellness Policy Triennial Assessment Questions & Answers:

- 1. How often must LEAs conduct assessments of schools' compliance with the local school wellness policy?** At a minimum, assessments must be conducted once every three years as described in 7 CFR 210.31(e); this is referred to as the triennial assessment. This assessment is separate from the Administrative Review conducted by the State agency. The local school wellness policy must be updated and in compliance with the final rule by June 30, 2017. Therefore, the first triennial assessment must be completed by June 30, 2020, however an extension was granted and our completion date is June 30, 2021.
- 2. Who is responsible for conducting the assessments?** LEAs must designate at least one LEA or school official(s) as responsible for determining the extent to which each school under their jurisdiction is in compliance with their wellness policies (7 CFR 210.31(e)(1)). In addition to the official(s) identified, other stakeholders must be permitted to be involved in the review process as described in 7 CFR 210.31(d)(1). However, LEAs have discretion in how they implement this requirement since each LEA is best suited to determine the distinctive needs of the community it serves. LEAs are also encouraged to identify a wellness champion at each school that would assist with the implementation and monitoring of the policy at the school level.
- 3. What must be included in the triennial assessment?** The LEA must develop a triennial assessment report that describes the extent to which its schools comply with the local school wellness policy, the extent to which the local policy aligns with model policies, and a description of progress towards attaining policy goals as described in 7 CFR 210.31(e)(2). There is local discretion on the format of the report. This report must be made available to the public (7 CFR 210.31(d)(3)).
- 4. What tools should LEAs use to assess implementation and compliance with the local school wellness policy?** The LEA has the flexibility to develop tools that will assess compliance with the specific components of their local school wellness policy. Some State agencies and partner organizations have developed tools that LEAs can adapt to meet their needs. Example tools can be found at <https://www.fns.usda.gov/tn/local-school-wellness-policy>. In addition, the LEA must document when and how they evaluated their policy. For example, an agenda or attendance sheet could be used as documentation that the local school wellness policy was evaluated at a stakeholder meeting.
- 5. How often does the LEA have to update the policy?** USDA does not specify the frequency of updates to the local school wellness policy, as the need to update will vary based on the content and structure of the policy. However, it is recommended that the policy is updated, at a minimum, after conducting the triennial assessments (7 CFR 210.31(e)(3)). LEAs are also required to annually notify the public about the content of the local school wellness policy and any updates to the policy as stated in 7 CFR 210.31(d)(2).
- 6. How should LEAs compare their policies to model policies?** The responsibility for developing a local school wellness policy was placed at the LEA level so that each LEA has the flexibility to customize their own policy based on their own unique circumstances. However, at a minimum, LEAs must compare their policy against model policies during the triennial assessment (7 CFR 210.31(e)(2)(ii)).
- 7. Does the LEA need to do a triennial assessment of all the schools under its jurisdiction, or does each school do its own triennial assessment and report back to the LEA?** The LEA is responsible for ensuring that a triennial assessment of all the schools under its jurisdiction has been conducted. The LEA may conduct the triennial assessment on behalf of each participating school under its jurisdiction or may allow each school to conduct its own assessment. Goose Creek Consolidated Independent School District utilized the WellSat 3.0 as well as a questionnaire through Survey Monkey to meet the USDA guidelines.

Additional Resources: *[USDA Summary of the Final Rule](#) *[WellSAT 3.0 Blank Scoresheet.pdf](#)



SHAC Ad Hoc Wellness Committee Meeting
2024 GCCISD Wellness Policy Triennial Review
April 8, 2024, 10am-12pm
ESC

Print First & Last Name	Signature
Amanda Kennington	Amanda Kennington
Lori Pumpfield	Lori Pumpfield
Lauren Crain	Lauren Crain
Ammy Cox	Ammy Cox
Roselle STEVENSON	Roselle Stevenson
Natalie Edwards	Natalie Edwards
Stephanie Myers	Stephanie Myers
Kevin Wubboldt	Kevin Wubboldt
Theresa A. Caldwell	Theresa Caldwell



SHAC Ad Hoc Wellness Committee Meeting
2024 GCCISD Wellness Policy Triennial Review
April 8, 2024, 10am-12pm @ ESC

Happy Solar Eclipse Day!!!

Topic	Presenter(s)	Time Allocated
Welcome <ul style="list-style-type: none"> • Introductions • Background: Final Rule Requirement 	Natalie Edwards, Director of Nutrition Services	10min 10:10-10:10 am
Step 1: Compare LSWP to Model Policy <ul style="list-style-type: none"> • Complete WellSAT 3.0 • Resource: Board Policy - FFA & Model Local School Wellness Policy AHG 	Wellness Committee Working Group	20 min 10:10-10:30 am
Step 2: Assess School Implementation <ul style="list-style-type: none"> • Resource: ALL Data - 2024 Healthy School Assessment Results - PDF • Complete WellSAT 1.0 • Identifying the extent to which schools within your district are compliant with the LSWP as it is written 	Amanda Kennington, Healthy Community School Coordinator & SHAC Facilitator Wellness Committee Working Group	30 min 10:30-11:00 am
Break		10 min 11:00-11:10 am
Step 3: Identify Connections Between Policy & Practice <ul style="list-style-type: none"> • Document progress made in reaching the goals outlined in your LSWP • Action Plan <ul style="list-style-type: none"> ◦ Goals & Objectives Level of Completion ◦ HSA - Prioritize District Action Items • Resources: ALL Data - 2024 Healthy School Assessment Results - PDF & GCCISD Wellness Plan - Review 	Wellness Committee Working Group	35 min 11:10-11:40 am
Step 4: Summarize & Share Findings <ul style="list-style-type: none"> • WebEx: April 15, 2024 10-11am • General SHAC Meeting: April 23, 2024 • Any Questions? 	Amanda Kennington	5 min 11:40 - 11:45am
Adjourn Meeting	Lunch is served!	11:45-Noon

GCCISD SHAC Website
(FFA & 2021 Review)

